



## Attendance Allowance

### What it is?

Attendance Allowance is a tax-free benefit for people aged 65 or over who have an illness or disability and need help with personal care. Attendance Allowance is not affected by savings and it is not usually affected by any other money you have coming in.

### Who is eligible?

You are eligible for Attendance Allowance if you become ill or disabled on or after your 65th birthday and need help to look after yourself.

If you have a life expectancy of less than six months there are special rules to help you get Attendance Allowance quickly and easily.

Some people who make a claim for Attendance Allowance may be asked to have a medical examination

### How much can I get and how is it paid?

#### Attendance Allowance Weekly rate

|             |        |
|-------------|--------|
| Higher rate | £67.00 |
| Lower rate  | £44.85 |

The actual amount you receive depends on:

- the extent of your disability
- whether you need care during the day, during the night,

Attendance Allowance is paid directly into any account of your choice which accepts Direct Payment of benefits. This might be a bank, building society, Post Office or National Savings account.

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If you need someone who cares for you to collect your money or are registered blind, payment can be made by cheque which can be cashed at the Post Office.

### Will Attendance Allowance affect my benefits?

If you start to get Attendance Allowance, it might increase other benefits you are getting.

### How do I apply?

#### Call the Benefit Enquiry Line

This is a confidential telephone service for disabled people. You can call the Benefit Enquiry Line and ask them to send you a claim pack. They can send you the claim form in an alternative format if required - for example, Braille.

They can also help you fill out the form if required.

Telephone: 0800 88 22 00

Textphone: 0800 24 33 55

Also, we can help you fill in the form here at the Information Centre

**Contact us at Lisieux Trust's Disability Information & Resource Centre for further assistance on telephone: 0121 382 6660, text messaging: 07933 473 483**