



Carers Allowance

What it is?

Carer's Allowance is a benefit paid to informal carers of people who are severely disabled. You do not have to be related to, or live with, the person you care for.

Carers allowance can affect benefits you are already on so check with your local benefits agency.

Who can claim Carers Allowance?

You can claim Carer's Allowance if you are aged 16 or over and spend at least 35 hours a week caring for the same relative, friend or neighbour.

You need to be caring for the same relative, friend or neighbour who is getting one of the following benefits:

- Attendance Allowance
- Disability Living Allowance at the middle or highest rate for personal care
- Constant Attendance Allowance at or above the normal maximum rate with an Industrial Injuries Disablement Benefit, or basic (full day) rate with a War Disablement Pension

If someone else is also looking after the same person, only one of you can get Carer's Allowance. You cannot add together the hours you spend caring for more than one disabled person.

Carer's Allowance is not affected by any savings you may have.

How much do you get?

The weekly rate is £50.55. This is reduced by the amount of certain other benefits, including State Pension, which you receive. You may be able to get an additional amount for your husband, wife or civil partner or someone living with you who looks after your dependent children

How do I apply?

You can ask for a claim form over the telephone by ringing

Telephone: 01253 856 123

Textphone: 01772 899 489

You can also use the internet and apply online via the Directgov website:

www.direct.gov.uk

Carers Allowance

Contact us at Lisieux Trust's Disability Information & Resource Centre for further assistance on telephone: 0121 382 6660, text messaging: 07933 473 483