



# DISABILITY INFORMATION AND RESOURCE CENTRE NEWS

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## Disability & Resource Centre Staff

Heather Patterson  
*Centre Manager*

Caroline Thomas  
*Information  
Officer*

Peter Moran  
*Volunteer  
Co-ordinator*

Tel:  
0121 382 6660

Fax:  
0121 382 3377

Web  
[www.lisieustrust.org.uk](http://www.lisieustrust.org.uk)

Minicom  
0121 377 8182

Text  
07933 473483

email  
[info@lisieustrust.org.uk](mailto:info@lisieustrust.org.uk)

## Carer's Week 2008



Carer's week at the Disability Information and Resource Centre was once again a great success, and our open day on 11th June was extremely busy with our team dealing with 45 separate enquiries ranging from benefit checks and form filling to mobility and leisure groups.



### Our new Information Officer, Caroline

Here at the D.I.R.C., we carry out this type of work on a daily basis. So, if you are disabled, a carer or a relative of a disabled person and you have **any** queries, you can contact our new information officer Caroline on;

**0121 382 6660**

and either she or one of our advisory team will be happy to help.

## What you need to know about Disability Living Allowance

### What is it?

Disability Living Allowance (DLA) is a non means tested, tax-free benefit that you can receive if you need help getting around and/or looking after yourself because you are disabled, ill or terminally ill. It come in two components, care and mobility, and is paid at either higher, middle or lower rates depending on your needs. You can also claim Disability Living Allowance for a disabled or ill child.

### Who can claim Disability Living Allowance?

You are eligible to claim Disability Living Allowance if;

- You are over 16 and need help caring for yourself or getting around and have needed help for at least three months because of a severe physical or mental illness or disability, and you are likely to need it for at least another six months.
- You are under 65 when you submit your first claim.
- You are claiming for child who has care needs substantially greater than a child without disabilities of the same age. For the mobility component this must be three years or older.

### How much can I claim?

Which component you are claiming for – care or mobility, and also the level of how your disability affects you will determine how much Disability Living Allowance you can claim. The amounts relating to each component and level are reviewed each April. The current weekly amounts are;

#### CARE COMPONENT

Higher Rate £67.00  
Middle Rate £44.85  
Lower Rate £17.75

#### MOBILITY COMPONENT

Higher Rate £46.75  
Lower Rate £17.75

### How do I apply?

DLA must be applied for using the correct application form.

You can complete the form either on paper or by using a computer and completing an "on-line" form. Once you have completed the form, you need to sign it and send it back to your local DLA office.

If you require assistance to complete a DLA form, please contact our Disability Information and Resource Centre.

### What happens next?

It takes on average 39 working days to complete the application process. You can check the progress of your application by phoning;

Telephone 08457 123 456

Textphone 08457 224 433

Email: [DBU-Customer-Service@dwp.gsi.gov.uk](mailto:DBU-Customer-Service@dwp.gsi.gov.uk)

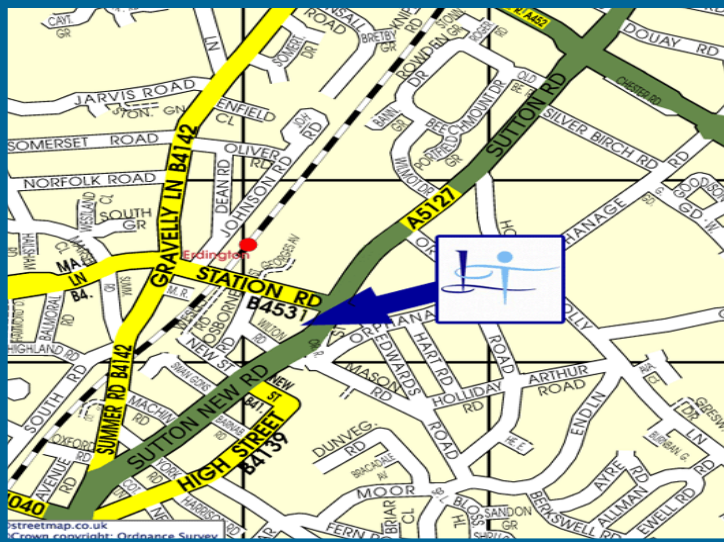
A perfect summer day is when the sun is shining,  
the breeze is blowing, the birds are singing,  
and the lawn mower is broken.

--James Dent

### Internet & PC access

We have adapted keyboards and mouse if you want to access the Internet or PC at DIRC it's FREE of charge

# Where Are We???



184 Sutton New Road  
 Erdington  
 Birmingham  
 B23 6QU  
 (Opposite Blockbuster Video)

Nearest Bus stop: Wilton Road stop, Erdington  
 Nearest Railway Station: Erdington (5 mins walk)

Tel: 0121 382 6660  
 Minicom: 0121 377 8182  
 Text: 07933 473 483  
 Email: [info@lisieuxtrust.org.uk](mailto:info@lisieuxtrust.org.uk)

- Some of the ways in which we can help you**
- Disability Living Allowance
  - Blue Badge Scheme
  - Incapacity Benefit
  - Carer's Allowance

## FREE Atlas Offer

### How to order

To claim your free copy of the UK Atlas for Blue Badge Drivers please send a cheque for £3.99 (p&p only) payable to **PIE Enterprises** and quoting the reference FREEATLAS with your name, address, telephone number and email address (if applicable) to:

PIE Enterprises Ltd, Caledonia House, 223 Pentonville Road, London, N1 9NG

To Claim Your **FREE** UK Blue Badge Atlas online:

[www.thepieguide.com/shop](http://www.thepieguide.com/shop)

- Select the atlas at its normal price of £12.99
- Continue to check out
- Enter your personal details
- Click continue
- Enter the coupon code, freeatlas into the field box (**you will now only be charged £3.99 p&p**)
- Click continue
- Enter your card/payment details
- Click continue
- Confirm order
- Order is complete; record your order number

**Advertisement - Lisieux Trust is not responsible for any transaction**



- Disability Discrimination
- Attendance Allowance
- Internet Research
- Independent Living Fund
- Income Support
- Council Tax
- Housing Benefit
- Motability
- Radar Keys
- Form Filling
- Mobility Aids
- Volunteering Opportunities
- Direct Payments

If you wish to learn more about our services visit our website at [www.lisieuxtrust.org.uk](http://www.lisieuxtrust.org.uk)

**And many other aspects of living with a Disability**

# Volunteer Profile-Rob



Hi, my name is Rob, and I volunteer at Lisieux Trust.

I have been volunteering for about four months, starting with four hours a week. I have to take it one step at a time to help me to rebuild my confidence and to be sure that I would be able to carry out any tasks given to me.

My work is varied, from simple tasks such as shredding paper and answering the phones to more involved jobs like internet research. All of the staff and volunteers that I have come into contact with have been patient and helpful, and this has proved to be a very useful confidence builder as I have not been put into stressful situations which I might find difficult to cope with. I would recommend any other disabled people to try volunteering, if only for a few hours per week

## Do you run a **SUPPORT GROUP?**

We have a database of Support Groups covering many disabilities for members of the public to access  
**FREE OF CHARGE**

If you would like us to add your group to our database please email  
[info@lisieuxtrust.org.uk](mailto:info@lisieuxtrust.org.uk)  
or phone 0121 382 6660

Are you deaf or  
Hard of hearing?

You can TEXT us  
on  
**07933 473 483**

**CONGRATULATIONS**  
to Gareth Moran

who won the two  
**MACHDAY TICKETS**

kindly donated by  
**BIRMINGHAM CITY FC**

In support of our  
ongoing fund raising

If you have any spare time and would like to volunteer, we are particularly looking for volunteers to take on case work.

Full training will be given to all of our volunteers.

Please contact Peter on 0121 382 6660

Or email: [peter@lisieuxtrust.org.uk](mailto:peter@lisieuxtrust.org.uk)

